



Safety Tips for Women

By ConnectAbility.ca

This website has a special section on Safety for Women. It has different “Tip Sheets.”

They talk about things that women should be careful about. There is good advice. Everyone should follow these safety tips.

These include:

- Banking

To see their tip sheet on banking, visit:

<http://connectability.ca/2010/09/28/banking-safety-tips/>

- Using the Internet

To see their tip sheet on using the internet, visit:

<http://connectability.ca/2010/09/28/internet-safety-tips/>

- Relationship and Sexual Safety

To see their tip sheet on relationship and sexual safety, visit:

<http://connectability.ca/2010/09/28/relationship-and-sexual-safety/>

- Street Safety

To see their tip sheet on street safety, visit:

<http://connectability.ca/2010/09/28/street-safety/>

ConnectAbility.ca also has a Risk Assessment Checklist that you can see at:

<http://connectability.ca/2010/09/28/risk-assessment-checklist/>



From www.ibelong.ca – a website of L'Arche Canada.

Contact: ibelong@larche.ca

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It also gives suggestions for making a personal safety plan. To see their suggestions, visit: <http://connectability.ca/2010/09/28/safety-plan/>

Connectability.ca has a six week workshop called “Safety Includes Me.” It is a workshop for women living with an intellectual disability. It is especially for those who have experienced violence. It is for those who would like to be involved in violence prevention and education work too. This workshop was developed with the input of women living with intellectual disabilities.

To learn more, visit: <http://connectability.ca/2010/09/28/safety-includes-me/>

**ConnectAbility.ca gave us many ideas for the Safety section of iBelong!.*

