



The ABLE Network – Six Core Programs

Transcript

Barb Allan: There are six core programs to the ABLE Network, and they are work experience, recreation, transit training, literacy, social networking and volunteer opportunities. Initially the work experience was our big focus, but as we get into all those core programs, we've realized that relationships figure in all of them.

We are very community-based, so our guys go out into the community and the relationships that they have made with the people in the community--the people they work with, the bus drivers, the people at the gym that they work out with, the volunteers that come in and work on literacy (training) with them have been amazing. They've been definitely two-way relationships. Everybody who does things with them gets as much or more out of them as they do being out there.

(More information: <http://www.theablenetwork.ca/>)

