

## L'Arche France - Overcoming Shyness

## **Transcript**

(English subtitles)

**Annie:** I have...I don't know how many friends. I have one, one in Canada, one in...I have some friends everywhere. This is clear.

Mickael: Friends...There are many friends, many. I know some friends...I know well.

**Interviewer:** Do you have friends, Mireille?

Mireille: Many friends! From everywhere...in Paris, in Lyon, everywhere.

**Interviewer:** How do you make friends?

Mireille: I'm not scared, I'm not scared.

**Jean-Claude:** Open your door. Open! Not shy. Open. Before, I was shy. Now, why be shy? Why shy? I'm open, so I can meet friends.

(Extract from "A fleur des mots," a project of L'Arche in France.)

