



A Course on Sexuality Can Be Helpful

Transcript

(English subtitles)

Patrick: The course on sexuality helped me a lot. I'd recommend it to all members of L'Entraide (the Centre where I work) and to all people with intellectual deficiencies, to find out about STDs (sexually transmitted diseases). It helped me because now I know more. And yes, I take my time now when I want to have someone as a girlfriend.

How do I express this?

Yes, I could tell her,

“Well, I don't feel comfortable to be in a sexual relationship, not immediately, because I don't know you well enough yet. I'd rather start by learning what your interests are.”

I'd like to start by knowing the person, not by pouncing on the person right away, saying,

“This how we do it.”

It's not like that. It's about learning to know the girl. Do you agree with me?

Eric: I do agree.

Patrick: Thanks.

Eric: In fact, you can have a lot of fun with a girlfriend without necessarily focusing on sexuality.

Patrick: Exactly. I would feel comfortable, but before that I have to know the person. If it's just a month or a week or two since we started going together, I wouldn't get into it right away.

