

"Start with Hi"

By Community Living British Columbia

"Start with Hi" is a website with short videos and suggestions for those who feel uncomfortable at the thought of engaging with people with an intellectual disability. If you feel uncomfortable about getting to know someone with an intellectual disability this site will go a long way to dispelling your discomfort.

To learn more, visit: http://www.startwithhi.ca/



From <u>www.ibelong.ca</u> – a website of L'Arche Canada. Contact: <u>ibelong@larche.ca</u>