



PLAN and Circle of Friends

Families may ask for help from a PLAN facilitator to think through who should be invited into their young person's network, to conduct the initial meeting, and to return from time to time to facilitate special network meetings. The facilitator is paid by the family. PLAN affiliates exist across Canada. They each operate a little differently and they have different names. You can find a list of these by clicking on "affiliates" at the top of the PLAN website.

You will also find a simple summary of the PLAN process for developing a Circle of Friends on the "Finding Friends" page in the Young Adults section of this website.

To see PLAN's website, visit: <http://www.plan.ca/>

PLAN frequently offers online courses that can provide training and information on social network facilitation, such as:

- *Weaving the Ties that Bind* is an online course for those who already are or wish to become facilitators of social support networks.
To learn more, visit: <https://plan-31.myshopify.com/products/weaving-the-ties-that-bind-online>

PLAN also produces materials and resources, such as

- *Circles of Friends* by Robert and Martha Perske offers "true stories and issues to ponder, concerning Circles of Friends – friendships between people with disabilities and so-called 'normals.' They show how these circles cut across age groups, generations, and races, and how the hearts and world views of everyone can be enriched.
To learn more, visit: <http://www.inclusion.com/bkcirclesoffriends.html>
- *Ties That Bind* is a documentary on PLAN's work with the Jordan family on their journey to help their son toward independence.
To learn more, visit: <https://plan-31.myshopify.com/products/the-ties-that-bind>

