



## Affordable Recreation

Below are some examples of programs that can make recreation more affordable.

### **Canadian Parks and Recreation Association: Everybody Gets to Play Initiative**

<http://www.cpra.ca/EN/main.php?action=cms.egtp>

This Canada-wide initiative is meant to make recreation more accessible for low-income children and their families. While not specifically for people with disabilities, this initiative and its associated toolkit could be potentially helpful to families.

### **Community Living Associations**

<http://www.cacl.ca/about-us/provincial-and-territorial-acls>

Many local associations offer events and programs that don't cost much such as dances, floor hockey and bowling leagues. Search the internet to find out the nearest Community Living Association nearest to you or visit the above link to find provincial and territorial Association websites.

### **Easter Seals Canada: Access 2 Entertainment**

<http://easterseals.ca/english/access-2-entertainment-card>

Easter Seals Canada offers an entertainment card that allows a person with a disability to enter movies free if accompanied by a person who pays.

### **Special Olympics**

[www.specialolympics.ca](http://www.specialolympics.ca)

Special Olympics is dedicated to enriching the lives of Canadians with an intellectual disability through sport. It is a national, non-profit grassroots organization that provides sport training and competition opportunities to more than 34,000 athletes of all ages and abilities. It is part of the International Special Olympics organization.

*\*If you know of a different program or organization offering affordable recreation opportunities, please share this on our Facebook page.*

