



Resources on Autism

People on the Autism spectrum or with Asperger's Syndrome often have technical abilities but find social skills difficult to master. Associations and networks for people with Autism can be helpful and can connect you with all sorts of useful resources.

Autism Society Canada

<http://autismcanada.org/>

This website can be used by youth and adults with autism, as well as family members, educators, and other interested parties. It provides information on autism, as well as links to services and other resources, including provincial organizations.

Autism Speaks Canada

<http://www.autismspeaks.ca/research-and-services/resources/>

While many of the resources available on this website are originally from the United States, they nevertheless provide a selection of tool kits and other resources on different aspects of life on the Autism spectrum for families and individuals on the Autism spectrum.

Autism Support Network

<http://www.autismsupportnetwork.com/>

This website for the American Autism Support Network provides background information, research, a support community, and resources for individuals, educators and families that deal with challenges faced by people with Autism.

Canucks Autism Network- Provincial Resource Centre

http://www.canucksautism.ca/Learn_more_about_autism/Autism_Lending_Library.htm

This British Columbia-based organization has created a resource catalogue of books, articles, videos and other materials that can be helpful for parents, children, educators and support workers.

Canadian Autism Spectrum Disorders Alliance



From www.ibelong.ca – a website of L'Arche Canada.
Contact: ibelong@larche.ca

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<http://www.asdalliance.org/>

This national alliance of Autism Spectrum Disorder organizations provides a long list of members from across the country where local resources and services may be accessed.

Dr. Jed Baker

<http://www.jedbaker.com/>

Jed Baker has developed a social skills training program for individuals with autism and social communication difficulties. His book, “Preparing for Life” on transitioning to adulthood for people with autism or Asperger’s Syndrome can be purchased from his site.

Educating Children about Autism in an Inclusive Classroom

http://www.gov.pe.ca/photos/original/ed_autisminc.pdf

This resource from PEI by Vianne Timmons, Marlene Breitenback, and Melissa MacIsaac is for teachers looking to educate students and themselves about autism so they can better understand peers with autism. It provides lesson plans and resource lists, as well as key definitions and principles to follow.

Making the transition from the world of school into the world of work

<http://www.autismsupportnetwork.com/news/making-transition-world-school-world-work-autism-20394033#ixzz1TVmh5lQk>

This article, by Dr. Temple Grandin, looks at the social challenges many people with autism face in the workplace and gives anecdotes from some who made the transition from school to work successfully.

Social Thinking

<http://www.socialthinking.com/home>

This website offers workshops, purchasable books and other materials developed by Michelle Garcia to teach social thinking to people on the Autism spectrum.

**If you know of a particularly helpful resource for people with Autism, please share this on our Facebook page.*

