



## **Resources for Families and Educators on Teaching about Sexuality**

### **Sexuality: Your Sons and Daughters with Intellectual Disabilities**

<http://homepage.mac.com/Karin.Schwier/copestone/bookpages/sexuality.html>

This book by Karin Melberg Schwier is a resource for families wishing to teach appropriate behaviour, empower family members to recognize and respond to abuse, and help them develop lifelong relationships.

### **Couples with Intellectual Disabilities Talk About Living and Loving**

<https://karinschwier.wordpress.com/books/>

This book by Karin Melberg Schwier contains interviews with 15 couples with intellectual disabilities as they discuss their relationships.

### **Sexuality Across the Lifespan for Children and Adolescents with Developmental Disabilities**

<http://flfcic.fmhi.usf.edu/Content/Parent%20Low%20Res,%20English.pdf>

This resource by David Hinsberger is a teaching resource for educators. The entire illustrated booklet of 115 pages is available online. It provides activities and discussions geared towards various age groups. The document also references other helpful resources and materials making it a potentially very useful resource for those looking to educate youth with intellectual disabilities on sexuality, dating and sexual relationships.

For the Parents/Caregivers version, visit:

<http://flfcic.fmhi.usf.edu/Content/Parent%20Low%20Res,%20English.pdf>

### **American Association on Intellectual and Developmental Disabilities**

[http://www.aamr.org/content\\_198.cfm](http://www.aamr.org/content_198.cfm)

This website has FAQs around sexuality and people with intellectual disabilities and provides information on a range of topics within this broad subject.



### **James Stanfield Website**

<http://www.stanfield.com/>

This website provides resources for educators on friendship and more intimate relationships for people with intellectual disabilities.

### **National Secondary Transition Technical Assistance Center**

[http://transitionta.org/sites/default/files/AB\\_Sexuality\\_11-15.pdf](http://transitionta.org/sites/default/files/AB_Sexuality_11-15.pdf)

This is an annotated bibliography of articles and books on sexuality and individuals with disabilities.

### **OUR COMPASS**

<http://www.griffin-centre.org/ourcompass.php>

This documentary (available at the above link) tells the stories of a group of youth with intellectual disabilities who come together at a weekly drop-in for lesbian, gay, bisexual, transgender and questioning youth.

For an in-depth review, visit: [http://www.oadd.org/docs/Paterson\\_JODD\\_15-20.pdf](http://www.oadd.org/docs/Paterson_JODD_15-20.pdf).

### **Sexual Health.com**

[http://www.sexualhealth.com/channel/view\\_sub/disability-illness/developmental-disabilities/](http://www.sexualhealth.com/channel/view_sub/disability-illness/developmental-disabilities/)

This site discusses people with intellectual disabilities and sexuality and has an active Q/A section.

### **Monica and David**

<http://www.monicaanddavid.com>

This award-winning documentary tells the story of a young couple with Down Syndrome in the United States whose families supported them to get married. It is a good, realistic look at the challenges and the successes of such a marriage.

A review by Michelle Diament is available on the Disability Scoop website:

<http://www.disabilityscoop.com/2010/10/07/monica-david-premiere/10566/>

*\*If you know of a particularly helpful resource on sexuality and people with intellectual disabilities, please share this in our Community Forum.*

